

The National Italian American Foundation 2014 Ambassador Peter F. Secchia Voyage of Discovery Campania, Italy June 10, 2014 – June 24, 2014 Itinerary

Tuesday, June 10 – Departure for Naples, Italy LH 403: Newark (6:10PM) to Frankfurt (7:45AM)

Wednesday, June 11 – Arrival in Europe LH 334: Frankfurt (10:40AM) to Naples (12:35PM)

Arrival at the Naples International Aiport Capodichino. Private transfer to Hotel Miramare in Pozzuoli (located just west of the city of Naples on the Bay of Naples)

Arrival in the Residence. Free time to rest and unpack. Dinner at "La Cantinola" on the *lungomare* of Pozzuoli.

Residence Miramare Via Vecchia San Gennaro n°72 /74 80078 Pozzuoli (NA) Tel. +39 081 3036811

Thursday, June 12 – Campi Flegrei

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

8:30 Departure for the Campi Flegrei.

The Campi Flegrei ("burning fields") or Phlegrean Fields, is a vast area of volcanic activity, where at least 24 craters and other volcanic structures can be seen, amongst them some that produce streams of hot steam with sulfurous fumes (the Solfatara) or exhibit the results of bradyseism (seen at the Tempio di Serapide or "Temple of Serapis"). We will also be visiting the Flavian Amphitheatre or "Anfiteatro Flavio" and the Ruins of Cumae (Scavi di Cuma), what was once an ancient city of Magna Graecia ("Greater Greece") and the first Greek colony on the mainland of Italy. These ruins were found in the 8th century B.C. by Euboen Greeks.

1:00 Lunch at "Masseria del Borro", an *agriturismo*. We will have a brief tour of the cantina and a presentation of the products produced on site at the Masseria and then proceed to lunch.

An agriturismo (combination of agriculture and tourism) is a farmhouse resort that serves food that is grown on the farm or at least locally.

3:00 After lunch we'll return to the Residence. Free afternoon to rest and get caught up on Italian time, or shop and explore Pozzuoli.

Dinner by the sea at the restaurant "Schiacchitiello."

Friday, June 13 – Naples

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 8:30 Departure for Naples (travel time is usually 30 minutes, but there's always traffic)
- 9:00 Arrival in Naples. Our walking tour of Naples will be split up in two days. We will visit the Treasures of San Gennaro, the Duomo (cathedral), walk on via dei Tribunali and via San Gregori Armeno (two very famous streets of Naples), Cappella San Severo to view "Cristo Velato" (Veiled Christ), Piazza Nolana—the location of Naples' famous fish market and Napoli sotterranea (undeground) (14:00 o 18:00). *Be sure to bring a sweater/sweatshirt—it will be cooler undeground*

Napoli: Neapolis was the Greek name which means "new city" founded in the 7th and 6th centuries BC. It is Italy's third most populated city and is the capital city of the region of Campania. The historic center of the city is UNESCO World Heritage Site and one of the biggest historical city centers in the world. The city prides itself of 448 historical and monumental churches, the highest number in the world for a single city. The city is divided in 30 neighborhoods or "quartieri."

1:00 Lunch at Pizzeria Mattozzi for an authentic pizza Napoletana

After lunch we will go to the l'Universita' degli Studi di Napoli Federico II, one of the oldest universities in the world. We will meet with local students part of the "Associazione Giovani Campani del Mondo," "Association of Young Campani of the World."

Return to Pozzuoli. Dinner at "Fattoria del Campiglione."

Saturday, June 14 – Naples

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 8:30 Departure for Naples (travel time is usually 30 minutes, but there's always traffic)
- 9:00 Arrival in Naples and walking tour of city continued. We will visit the famous Gambrinus bar for a morning coffee, Piazza Plebiscito, Basilica Reale San Francesco di Paola, Palazzo Reale, Galleria Umberto I, Teatro San Carlo, Castel Nuovo and Castel dell'Ovo.
- 1:00 Panino on the *lungomare*.

Return to Pozzuoli. Free evening—dinner on your own.

Sunday, June 15 – Caserta & San Leucio

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 8:30 Departure for Caserta.
- 10:30 Arrival in Caserta. Visit to the "Reggia di Caserta" or Royale Palace The construction of the palace began in 1752 for Charles VII of Naples, who worked closely with his architect Luigi Vanvitelli. The construction lasted 28 years. The king, however, never had a chance to live in the Palace because in 1759 he resigned from the throne to become King of Spain. The Palace was completed for his third son and successor, Ferdinand IV of Naples. The palace has 1200 rooms, a Royal Theatre and a huge park. It was inspired by the Palace of Versailles
- 1:00 Packed lunch.

After lunch we will depart for San Leucio to visit what was once a silk factory The silk factory of San Leucio built by Ferdinand IV in the 1700's. The workers employed by the Royal Silk Factory and their families enjoyed equal rights, free obligatory education and a fraction of the revenue was invested in a fund for the aid of the sick and the elderly.

Return to Pozzuoli. We will have an "Italian style" barbeque on the terrace of the Residence.

Monday, June 16 – Capri

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 8:30 Departure for the island of Capri. Transfer to Molo Beverello in the Port of Naples.
- 9:30 Ferry departs for Capri
- 8:50 Arrival in Capri. Tour of the island. Free time to shop and explore the island.

Lunch on your own.

- 3:35 Ferry departs for Naples.
- 4:25 Arrival in Naples. Return to Pozzuoli. We will have an "Italian style" barbeque on the terrace of the Residence.

Tuesday, June 17 – Ischia

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 8:30 Departure for the island of Ischia. Transfer to the Port of Pozzuoli. Board ferry.
- 9:30 Ferry departs for Ischia.

- 10:15 Arrival in Ischia. Tour of the island of Ischia by boat. Swimming. After the tour and swimming, we'll have free time to shop and explore the island. Lunch on your own.
- 5:10 Ferry departs for Pozzuoli. Return to Pozzuoli. Dinner at "La Cantinola."

Wednesday, June 18 – Pompeii & Torre del Greco

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 8:30 Departure for Pompeii.
- 11:00 Arrival in Pompeii. Visit to the ruins of Pompeii.

Pompeii was a Roman city destroyed by a two-day eruption of Mount Vesuvius in August 79AD. Pompeii along with Herculaneum was mostly destroyed and buried with 13 to 20 feet of ash and pumice. The excavation started in 1804. It is a UNESCO World Heritage Site with approximately 2.5 million visitors every year.

Packed lunch. After lunch, we will visit the Shrine of the Madonna di Pompeii in the main piazza of "modern" Pompeii.

The Shrine of the Blessed Virgin of the Holy Rosary in "modern" Pompeii is an international place of pilgrimmage. It is considered the most important Shrine consecreated to Mary in Italy. The ex-votos that cover the walls of the church are an impressive testimonial of the miracles granted by the Madonna since the church was consecrated in 1891.

3:00 Departure for Torre del Greco where we will visit a coral factory.

Torre del Greco, literally meaning "Tower of the Greek" is known internationally as a major producer of coral jewelry and cameo brooches since the 17th century. At present there are severl hundred companies and thousands of people employed in the manufacture of coral and shell cameos. The total industry is estimated to be worth around \$225 million.

Return to Pozzuoli. Dinner on the Pozzuoli *lungomare* at "Pizzalò."

Thursday, June 19 – Paestum & Vallo di Diano

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 7:00 Departure for Paestum.
- 9:00 Arrival in Paestum. We will first visit "Caseificio Barlotti La Bufalara" to observe the water buffaloes and the making of mozzarella di bufala. After, we will visit the archeological sites of Paestum.

Paestum was settled by Greek colonists in the 6th century BC under the name Poseidonia. It was later conquered by the Romans who renamed it to its current name. Today the ancient city boasts some of the most well-preserved Doric Greek temples of the world.

1:00 Lunch at "Agriturismo Seliano della Famiglia Bellelli."

- 3:00 Departure for Vallo di Diano.
- 5:00 Arrival in Vallo di Diano. Tour of Certosa di San Lorenzo a UNESCO World Heritage Site. After the tour, we will have a performance by a local folklore group and a typical Campana dinner. After dinner return to Pozzuoli.

Friday, June 20 – Avellino: Service Day

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 7:00 Departure for Avellino. *Make sure you are wearing your VOD t-shirt.*
- 9:30 Arrival in Avellino. Service day with Irpinia Altruista, a Points of Light Enterprise. We will be working at "Casa Nicodemi," a center for women and minors in difficult situations. We will be painting in the TV room and the hallway and help prepare lunch.

Tentative: Watch World Cup soccer game: Italy vs. Costa Rica

Saturday, June 21 – Mount Vesuvius

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

- 9:30 Departure for Mount Vesuvius.
- 10:30 Arrival on Mount Vesuvius and excursion on the volcano.

Mount Vesuvius ("Monte Vesuvio") is a stratovolcano in the Gulf of Naples. It is one of the several volcanoes which form the Campanian volcanic arc. It is best known for its eruption in 79 AD that led to the burying and destruction of Pompeii and Herculaneum. The eruption ejected a cloud of stones, ash and fumes to a height of 20.5 miles, spewing molten rock and pulverized pumice at the rate of 1.5 million tons per second, ultimately releasing 100 times the thermal energy released by the Hiroshima bombing. It's last eruption was in 1944.

After our excursion on Mt. Vesuvis, transfer to "Cantina del Vesuvio," where we will tour a local vineyard at the foot of the volcano and have lunch.

Return to Pozzuoli. Free afternoon to shop and explore Pozzuoli. Free evening—dinner on your own.

Sunday, June 22 – Amalfi Coast, Positano, Ravello

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

9:00 Departure for the Amalfi Coast or *la Costiera Amalfitana*.

The Amalfi Coast is a stretch of coastline on the southern coast of the Sorrentine Peninsula. It is 25 miles long and is a UNESCO World Heritage Site.

11:00 Arrival in Rayello. Free time in Rayello. We will then continue to Amalfi.

Arrival in Amalfi. Free time in Amalfi and lunch on your own.

3:00 Departure for Positano. Free time in Positano.

Return to Pozzuoli. Dinner in Pozzuoli.

Monday, June 23 – Sorrento

Breakfast is served daily from 6:30 a.m. - 10:00 a.m.

Free morning to pack. Lunch on your own.

- 1:30 Departure for Sorrento.
- 3:00 Tour of the Piemme Limoncello Factory. Transfer to Sorrento "centro" Free time to shop and explore the city on your own.
- 7:30 Aperitivo and dinner with the NIAF Board of Directors at the Grand Excelsior Hotel Vittoria

Tuesday, June 24 – Departure for Newark

7:00 Departure for Naples International Airport Capodichino

LH 1927 Naples (11:40am) to Munich (1:25pm)

LH 412 Munich (3:52pm) to Newark (6:35pm)

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